

TCJA – TEMPOS A CUMPRIR JORNADAS APURAMENTO

(Piscina de 25 m)

MASCULINOS						FEMININOS					
Infantis B	Infantis A	Juvenis B	Juvenis A	JUN/SEN	PROVAS	Infantis B	Infantis A	Juvenis B	Juvenis A	JUN	SEN
13	14	15	16	17 e +		12	13	14	15	16	17 e +
-	-	00,34,00	00,32,00	00,31,00	50L	-	-	00,38,00	00,37,00	00,36,00	00,35,10
01,25,00	01,19,00	01,14,00	01,12,00	01,10,00	100L	01,32,00	01,26,00	01,23,50	01,21,00	01,16,00	01,15,80
03,05,00	02,54,00	02,41,00	02,36,00	02,31,00	200L	03,20,00	03,10,00	03,04,50	03,01,00	02,52,00	02,51,40
06,30,00	06,07,00	05,37,00	05,27,00	05,22,00	400L	06,50,00	06,34,00	06,20,00	06,08,00	05,42,00	05,41,70
13,10,00	12,20,00	11,20,00	10,58,00	10,34,00	800L	14,00,00	13,17,00	13,00,90	12,41,00	12,17,00	12,14,00
24,58,00	23,40,00	23,06,00	22,50,00	21,06,00	1500L	25,30,00	24,50,00	24,25,00	24,00,00	23,20,00	23,15,00
-	-	02,16,00	02,08,00	02,04,00	4x50L	-	-	02,36,00	02,28,00	02,24,00	02,20,00
05,50,00	05,38,00	05,10,00	04,43,00	04,43,00	4X100L	06,08,00	06,02,00	05,50,00	05,36,00	05,20,00	05,19,00
12,20,00	11,50,00	11,00,00	10,30,00	10,15,00	4X200L	12,30,00	12,14,00	12,06,00	12,00,00	11,45,00	11,43,40
-	-	00,38,00	00,37,00	00,36,00	50C	-	-	00,44,00	00,42,00	00,40,00	00,39,70
01,40,00	01,31,00	01,26,00	01,21,00	01,19,00	100C	01,45,00	01,38,00	01,36,00	01,35,00	01,28,00	01,27,10
03,35,00	03,17,00	03,09,00	03,04,00	03,03,00	200C	03,45,00	03,26,00	03,23,00	03,20,00	03,08,00	03,06,70
-	-	00,39,00	00,38,00	00,36,00	50M	-	-	00,44,00	00,42,00	00,40,00	00,39,00
01,49,00	01,40,50	01,35,00	01,27,00	01,19,00	100M	01,53,00	01,50,00	01,48,00	01,36,00	01,30,00	01,28,44
04,02,00	03,38,00	03,15,00	03,10,00	02,58,00	200M	04,25,00	03,50,00	03,42,00	03,35,00	03,25,00	03,22,00
-	-	00,43,00	00,42,00	00,41,00	50B	-	-	00,48,00	00,47,00	00,46,00	00,45,10
01,55,00	01,45,00	01,38,00	01,35,00	01,32,00	100B	01,57,00	01,52,00	01,52,00	01,46,00	01,44,00	01,42,05
04,10,00	03,45,00	03,35,00	03,20,00	03,15,00	200B	04,12,00	03,53,00	03,53,00	03,44,00	03,35,00	03,33,70
-	-	01,28,00	01,25,00	01,22,00	100E	-	-	01,33,50	01,32,00	01,30,00	01,27,00
03,30,00	03,20,00	03,10,00	03,04,00	03,00,00	200E	03,37,00	03,25,00	03,17,00	03,12,00	03,10,00	03,08,00
07,30,00	07,00,00	06,48,00	06,35,00	06,30,00	400E	07,40,00	07,06,00	07,00,00	06,45,00	06,35,00	06,33,00
-	-	02,35,00	02,30,00	02,28,50	4x50E	-	-	02,52,00	02,45,00	02,41,00	02,41,00
06,59,00	06,40,00	05,42,00	05,36,00	05,30,00	4X100E	07,07,00	06,52,00	06,35,00	05,52,00	05,48,00	05,46,00
Estafetas em ABS			Estafetas Infantis (A e B)								
Masculinos	Provas	Femininos	Masculinos	Provas	Femininos						
02,06,00	4x50L	02,24,00	05,43,00	4X100L	06,00,00						
04,43,00	4X100L	05,36,00	12,04,00	4X200L	12,20,00						
10,25,00	4X200L	11,55,00	06,48,00	4X100E	07,02,00						
02,28,00	4x50E	02,41,00	Estafetas Juvenis (A e B)								
05,30,00	4X100E	05,48,00	04,53,00	4X100L	05,53,00						
			10,43,00	4X200L	11,43,00						
			05,39,00	4X100E	06,39,00						